

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19 Practice 3-4:25- 8 th grade only	20 Practice 3-4:25- 7 th grade only	21 Practice 3-4:25- 6 th grade only	22 Practice 3-4:25	23
24	25 Practice 3-4:25	26 Practice 3-4:25	27 Practice 3-4:25	28 Practice 3-4:25 *uniform hand-out day	29 Practice 3-4:25 Rosa Relay trials (optional)	30
31						

April

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Practice 3-4:25	2 Practice 3-4:25	3 v. Beck & Carusi @ HS East	4 Practice 3-4:25	5 Practice 3-4:25	6
7	8 Penn Relays Trials @ Pennsauken HS *	9 Practice 3-4:25	10 Practice 3-4:25	11 v. Voorhees & BB Prep @ Voorhees MS	12 v. Carusi & Beck @ HS West	13
14	15 Practice 3-4:25	16 Practice 3-4:25	17 Practice 3-4:25	18 Practice 3-4:25	19 Spring NO PRACTICE	20
21	22 Break	23 -----	24 -----	25 -----	26 -----	27
28	29 Practice 3-4:25	30 Practice 3-4:25				

- one relay team for girls (4 runners) and one relay team for boys

May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Practice 3-4:25	2 v. Medford & Harrington @ Medford Memorial	3 Practice 3-4:25	4 v. Beck & Carusi @ HS East
5	6 Practice 3-4:25	7 Practice 3-4:25	8 Practice 3-4:25	9 v. Medford & Phifer @ Medford Memorial	10 Practice 3-4:25 for Champs. team ****	11
12	13 Practice 3-4:25 for Champs. team ***Uniform return day	14 Practice 3-4:25 for Champs. Team	15 Practice 3-4:25 for Champs. Team	16 Practice 3-4:25 for Champs. Team	17 League Champs @ Pennsauken HS	18
19	20 **Uniform Return day for those competing at Champs.	21	22	23	24	25
26	27	28	29	30	31	

** and ***place uniform in a plastic bag, write your name on the bag, and HAND IT to-
Mr. Chuenmark- 6th grade
Mr. Cieslik- 7th and 8th grade

**** team members will be announced

May 17th- we are limited to 2 competitors for each event
May 17th is a tentative date.