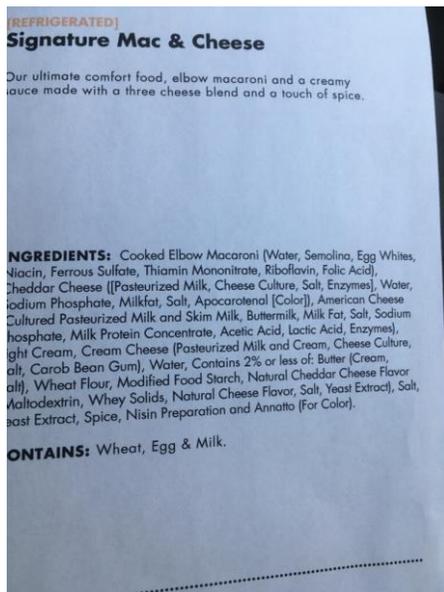


## 2018 - 8<sup>th</sup> Grade Graduation Food Donated/Provided Ingredient List

### Donated/Provided by: Seasons Pizza

Item 1: Regular Pizza: Dough is made fresh daily using only water, yeast, salt, sugar, extra virgin olive & canola oil. There are no chemical agents, preservatives or additives of any kind. Sauce is preservative-free pizza sauce made only from fresh, red ripe tomatoes. All-natural conventional mozzarella cheese never made with preservatives or starch, pure taste of mozzarella cheese.

### Item 2: Mac & Cheese:



### Item 3: Chicken Bites (Breaded Chicken):



Item 4: Chicken Bites (Naked Chicken): Fried, salt, pepper in soybean oil

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Donated/Provided by: Rockhill

French Fries: Dedicated fryer for gluten free fries cooked in vegetable oil

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Donated/Provided by: Sam's Club

Meatballs: Gluten free, 5/8 oz. appetizer-size beef meatballs

Spaghetti: Enriched vermicelli product made with 100% pure Italian-grade durum semolina

Gourmet, premium quality, Kosher

Sauce: Tomato puree & paste, water, sugar, canola oil, salt, onions, garlic

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Donated/Provided by: Mom's Organic & Shoprite

Item 1: Salad Bowls – lettuce, tomatoes, cucumbers, carrots

Item 2: Veggie bowls – carrots and celery sticks

\*\*Fruit Picks & Bowls – Picks will have 2 fruits on them (watermelon/melon and green/red grape) and bowls have only 1 type of fruit

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Donated/Provided by: On the Boarder

*Personal Tortilla chips & Salsa & Guacamole & Queso Portion Cups* - On the Boarder prepares this suggested list of menu options based on the most current ingredient information from our food suppliers. Please be aware that many of our other recipes contain poultry, meat, or fish products or products made from these ingredients, and normal kitchen operations involve the sharing of cooking and preparation areas. Therefore, the possibility exists for food items to come in contact with other food products. Due to these circumstances, we are unable to guarantee that any menu item can be completely free of poultry, meat or fish products.

\*\*Vegetarian: Chips & Salsa, Guacamole & Queso: These items could be considered vegetarian, however through the cooking process they may contain or come in contact with items that may not be acceptable as part of some vegetarian diets. Animal-based enzyme may be used through the production of the cheese

\*\*Guacamole & Queso: is also: Gluten Free

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Donated by: Naf Naf Grill:

Item 1: Hummus cups: chickpeas, lemon juice, tahini, olive oil

Item 2: Pita: soy and gluten

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Donated by: Little Tai Kitchen:

Item 1: Chicken Thai Spring Roll – Wheat wrapper, chicken, glass rice noodle, celery, cabbage, mushroom, carrots & *side Duck Sauce - chili, sugar, water, garlic, bell pepper*

Item 2: Beef Pad Thai – Rice noodles, egg, garlic, chopped shallots, tamarind, bean sprouts, bean curd, chives, sweet radish, soy (no nuts)

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Donated by - Genji Web Sushi Bars Wholefoods –

Sushi Veggie Platters –

Item 1: Veggie Dragon Roll: inside-out roll: a dazzling vegetable roll with cucumbers and avocado on the inside, draped with avocado slices outside

Item 2: Purple basil veggie roll: *unavailable*

Item 3: Avocado cucumber roll: inside-out roll with avocado and cucumber, sprinkled with sesame seeds - vegetarian-friendly

Item 4: Veggie roll: inside-out roll: a vegan-lover's delight with carrots, cucumbers, and avocado

Item 5: Avocado roll: bite-sized vegetarian favorite with nori on the outside and avocado in the middle - vegetarian-friendly

Item 6: Carrot roll: bite-sized vegetarian favorites with nori on the outside, and carrot in the middle - vegetarian-friendly

Item 7: Ginger miso dressing: inside-out roll: carrots, cucumbers, avocado, spring mix, and sesame seeds on top with Genji's own ginger miso dressing. *The Ginger Miso Dressing Lite served with this roll contains Soy and Wheat.*

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Provided by: Shoprite -

Item 1: Shrimp – *Special Diet Information*

Coumadin® (Warfarin): This recipe is safe for Coumadin (warfarin) users.

Lactose: This recipe is safe for those who are lactose intolerant.

Sodium: This is a low sodium recipe.

GERD / Acid Reflux: This recipe contains GERD triggers and those with GERD may wish to avoid it.

Gluten Sensitivity: This recipe is safe for those who are sensitive to gluten.

Item 2: Cocktail Sauce - no salt added ketchup, horseradish, lemon juice, salt, black pepper

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Donated by: Wu's Bistro

House Mei Fun - Rice Noodles, chicken, pork, shrimp, bean sprouts, scallions, onions, rice wine vinegar, chicken broth base, salt, sesame oil. NO oyster sauce, NO soy.

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Donated by: Lamberti's

Tomato Bread Squares – Water, flour, sugar, yeast, extra virgin olive oil, soy oil, tomatoes, onions, garlic, basil, salt, pepper, oregano

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Donated by: Taoyuan Restaurant

Vegetable Fried Rice Cups – Rice, peas, eggs, carrot, onions, broccoli, beansprouts, baby corn, mushrooms, snow peas, soy sauce

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Provided by: Shoprite

Item 1: Yellow Rice cups\_- Olive oil, Adobo with pepper, coriander and annatto tomato sauce, water, medium-grain white rice, salt, extra virgin olive oil

Item 2: Mini Beef Taco – Ground beef, olive oil, onion, Adobo, salt, tomato sauce, green and red peppers

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Specialty Beverage Samples:

Item 1: Horchata - uncooked long-grain white rice, cinnamon sticks, water, whole milk, vanilla extract, ground cinnamon, sugar

Item 2: Ginger Soda – fresh ginger, lemon peel, sugar, seltzer

Item 3: Blood Orange Soda - Sparkling or seltzer water, Half and half, Zest from 2 blood oranges, freshly squeeze blood oranges, sugar

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DESSERTS:

Provided by: Sweet Creations Unlimited

Candy Masks:

Item 1: Yellow: Sugar, Vegetable Oil (palm kernel oil, hydrogenated palm kernel oil), Whole Milk Solids, Whey Powder, Nonfat Dry Milk Solids, Soy Lecithin (an emulsifier), Artificial Color (yellow lake #5), Salt, Artificial Flavor.

Item 2: Green: Sugar, Vegetable Oil (palm kernel oil, hydrogenated palm kernel oil), Whole Milk Solids, Whey Powder, Nonfat Dry Milk Solids, Soy Lecithin (an emulsifier), Salt, Artificial Flavors, Artificial Colors (green, dark green include: red lake #40, blue contains: blue lake #1, dark blue contains: blue lake #2, orange contains: yellow lake #6, yellow contains: yellow lake #5, pink contains: titanium dioxide, red lake #40, orchid contains: blue lake #2, red lake #40, red dye #40, red dye #3).

Item 3: Purple: Sugar, Fractionated palm kernel oil, Non-Fat Dry Milk, Dry Whole Milk, Glyceryl-lacto esters of fatty acids, Lecithin (an emulsifier), Salt, Vanillin (an artificial flavor), and Artificial Color. (Green, Dk. Green include: FD&C yellow #5 lake, blue #1 lake; red contains red #4 lake; pink contains red #3; blue contains blue #1 lake; yellow contains yellow #5 lake; orange contains yellow#5 lake, yellow #6 lake; peach contains yellow #5 lake, yellow #6 lake, red #40 lake; orchid contains red #40 lake, blue #2 lake, red #3). Kosher.

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Donated & Provided by: Regal Cinemas (Peter's Movie Time popcorn)

Popcorn - salt, our popcorn, and our popping oil – all of which are certified kosher and gluten free

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Donated by: Ponzio's

Graduation Cupcakes: Flour, dairy, eggs, soy

Frosting: buttercream / various food coloring

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Provided by: Mom's Organic

Intense Fudgy Brownies:

Vegetarian, Gluten free, 2 Eggs, Almond flour, Baking soda, Chocolate chips or chopped chocolate, Cocoa powder, unsweetened, Coconut sugar, Salt, Semi-sweet or dark chocolate chips, Vanilla extract, coconut oil