

March

S	M	T	W	Th	F	Sat.
				1	2	3
4	5	6	7	8	9	10
11	12	13	14 practice 8 th graders only	15 practice 7 th graders only	16 No School for Students Teacher In- Service	17
18	19 Practice 6 th graders only 3:00-4:30	20 Practice for all 6,7, & 8 3:00-4:30	21 Practice 3:00-4:30	22 Practice 3:00-4:30	23 Practice 3:00-4:30 <u>Rosa Relay Trials</u>	24
25	26 Practice 3:00-4:30	27 Practice 3:00-4:30	28 Practice 3:00-4:30	29 Practice 3:00-4:30 Uniform Distribution Day	30 Spring Break	31

- You must be at practice on 3/29 to receive a uniform. Uniforms will only be handed out during practice.
- Beginning on March 20th practice is for all 3 grade levels.
- 3/23 everyone is welcome to try-out for our weight-class and Penn Relays relay teams. If you don't make the relay team you are still on our team. Only 4 people can compete in the relay.

April

S	M	T	W	Th	F	Sat.
1	2 Spring Break	3 Spring Break	4 Spring Break	5 Spring Break	6 Spring Break	7
8	9 <u>Penn Relays Trials @ Pennsauken HS. Time tba Uniform Distribution make-up</u>	10 <u>@HS East vs. Beck & Carusi</u>	11 Practice 3:00-4:30	12 <u>@ Timber Creek vs. Carusi @ Mullen</u>	13 Practice 3:00-4:30 Make-up uniform distribution day	14
15	Practice 3:00-4:30	17 Practice 3:00-4:30	18 Practice 3:00-4:30	19 <u>@ Triton vs. Glen Landing</u>	20 <u>@ HS West vs. Beck & Carusi</u>	21
22	23 Practice 3:00-4:30	24 <u>@HS East vs. Beck & Carusi</u>	25 Practice 3:00-4:30	26 <u>@ HS West vs. Beck & Carusi</u>	27 <u>Penn Relays @ Franklin Field</u>	28
29	30 Practice 3:00-4:30					

4/9 is for 8 total athletes. 4 boys and 4 girls will compete against other schools for the opportunity to compete at Penn Relays. Those 8 athletes will be decided on at our Rosa Relay trials on 3/23

May

S	M	T	W	Th	F	Sat.
		1 Practice 3:00-4:30	2 <u>@</u> <u>Voorhees</u> <u>vs. Beck</u> <u>and</u> <u>Voorhees</u>	3 Practice 3:00-4:30	4 Practice 3:00- 4:30	5
6	7 Practice 3:00-4:30	8 Practice 3:00-4:30	9 Practice 3:00-4:30	10 Practice 3:00-4:30	11 Practice 3:00- 4:30	12
13	14 Practice 3:00-4:30	15 Practice 3:00-4:30	16 Practice 3:00-4:30	17 Practice 3:00-4:30	18 <u>League</u> <u>Championships</u> <u>time and</u> <u>location tba</u>	19
20	21	22	23	24	25	26
27	28	29	30	31		

- Spikes can not be worn at Voorhees. At other locations you may wear 1/4 " length spikes
- League Championships are limited to 2 athletes per event so only a small number of athletes will be able to compete.
- Most athletes will finish the season on May 2nd.