

# Field Hockey Uniform Cleaning & Drying Instructions

## Washing Directions

Uniforms should be wash immediately after each use in cold water.

The rinse cycle should likewise be set for cold water.

We recommend a detergent similar to Tide for cold water.

Prior to washing, turn all garments inside out.

Uniforms should be washed individually and not with any other clothing items.

**DO NOT USE ANY FORM OF BLEACH ON THE UNIFORMS!**

*For heavily soiled garments, pre-treatment is recommended.*

- Sprat on products such as Spray'n Wash or Shout and leave on for about 15 minutes before washing.
- Products such as Stick Stain or Shout Gel can be rubbed on stubborn stains before washing.

## Drying Directions

Remove uniforms immediately after washing and **HANG DRY ONLY!**

**DRYER HEAT WILL CAUSE UNIFORM TO SHRINK, INK TO CRACK AND TWILL TO WRINKLE.**

**DO NOT DRY CLEAN OR IRON!**

The cost of each uniform is \$72.00. You will be charged the full amount if a uniform is lost or damaged in any way.



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Please sign this form verifying you have received these instructions for uniform care. This form should be returned to Coach Speakman as soon as possible. Any damaged uniforms will be charged the full price of the uniform, \$72.00.

\_\_\_\_\_

Parent Signature

\_\_\_\_\_

Date

Student Name \_\_\_\_\_

Advisor \_\_\_\_\_